

M E N U

Week of
April 21st

FMC CAFE



Have a food allergy? Please notify someone on the FLIK team.

Food by FLIK

M Vegetable Lentil 3

Grilled Flank Steak, Chimichurri / Black Bean Stuffed Plantain 9.95
Rice and Beans, Fried Plantains 1.45

Deli Santa Fe Chicken, Cheddar, Chipotle Mayo 6.95

Grill Italian Roast Pork, Roasted Long Hots, Provolone 6.95

Salad Broccoli, Apple Salad, Greek Yogurt Dressing **FIT** .56/oz

T Black Eye Pea 3

Salmon, Lemon Citronette Fava, Tomato 9.95
Spring Herb Risotto, Roasted Baby Carrots 1.45

Deli Santa Fe Chicken, Cheddar, Chipotle Mayo 6.95

Grill Italian Roast Pork, Roasted Long Hots, Provolone 6.95

Salad Greek Barley Salad **FIT** .56/oz

W Vegan Split Pea **FIT** 3

Brazilian Chicken, Spicy Tomato Coconut Sauce 8.95
Roasted Potatoes, Carrot, Beet Salad 1.45

Deli Santa Fe Chicken, Cheddar, Chipotle Mayo 6.95

Grill Italian Roast Pork, Roasted Long Hots, Provolone 6.95

Salad Tomato, Basil, Sea Salt **FIT** .56/oz

Th Broccoli Cheddar **FIT** 3

Gozleme- Turkish Stuffed Flatbread 8.95
Spinach, Feta Turkish Gozleme, Spiced Beef Gozleme, Turkish Yogurt
Feta Sauce, Eggplant Meze **FIT**, Shepherds Salad **FIT**

Deli Santa Fe Chicken, Cheddar, Chipotle Mayo 6.95

Grill Italian Roast Pork, Roasted Long Hots, Provolone 6.95

Salad New Potato Salad **FIT** .56/oz

F Soup of the Day 3

FMC Nibble Bar

Deli Santa Fe Chicken, Cheddar, Chipotle Mayo 6.95

Grill Italian Roast Pork, Roasted Long Hots, Provolone 6.95

Salad Fresh Fruit Salad **FIT** .56/oz